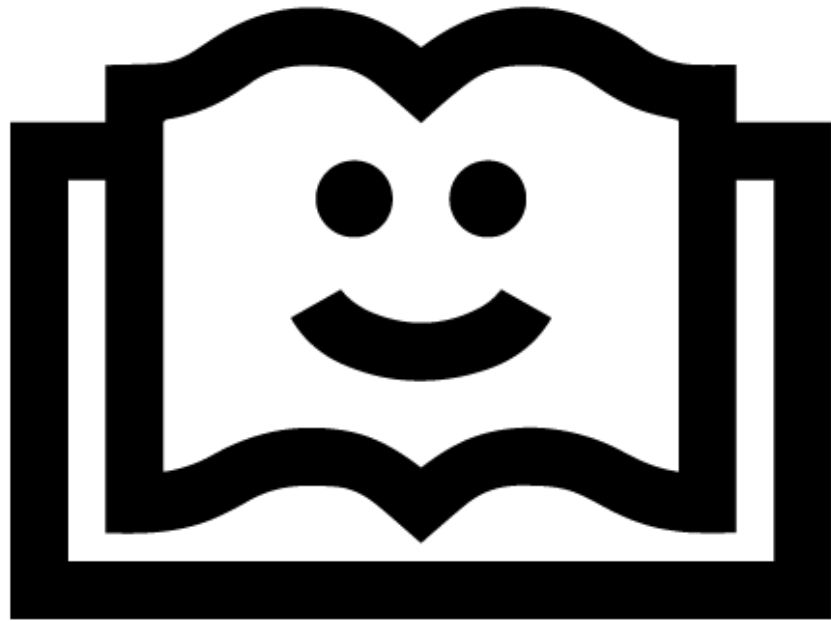


Visual Story

Access Ideas & Insights at Bangarra Dance Theatre



What is a Visual Story



Visual Story

A Visual Story is a helpful guide that combines images and text to assist you when you're in a new environment.

It's designed to make unfamiliar environments less intimidating and more familiar, so you can feel more at ease and less stressed.

This guide will give you all the information you need about the event, including an overview of what's planned and what to expect.

Access Ideas and Insights



Access Ideas and Insights, presented by Accessible Arts, is a free series of hybrid events. These events are focused on conversations about art, access and inclusion through panel discussions with leading experts in the creative industries.

The event will be held at Bangarra Dance Theatre on Monday, 16th March. I can choose to join online or in-person. To attend I must register for a ticket here: [Ticket Registration](#)

The theme of the event is: [First Nations Storytelling](#)

First Nations Storytelling

Hybrid Event Series

First Nations Storytelling

The Access Ideas and Insights panel will focus on First Nations storytelling as a central platform for Aboriginal and Torres Strait Islander Cultures, Identity and Empowerment.

The conversation will explore storytelling as a living knowledge system, one that sustains First Nations Cultures, including language and traditional practices, while respectfully shaping community connection and advocating for collective responsibility.

The event is held in partnership with Bangarra Dance Theatre.

First Nations Storytelling

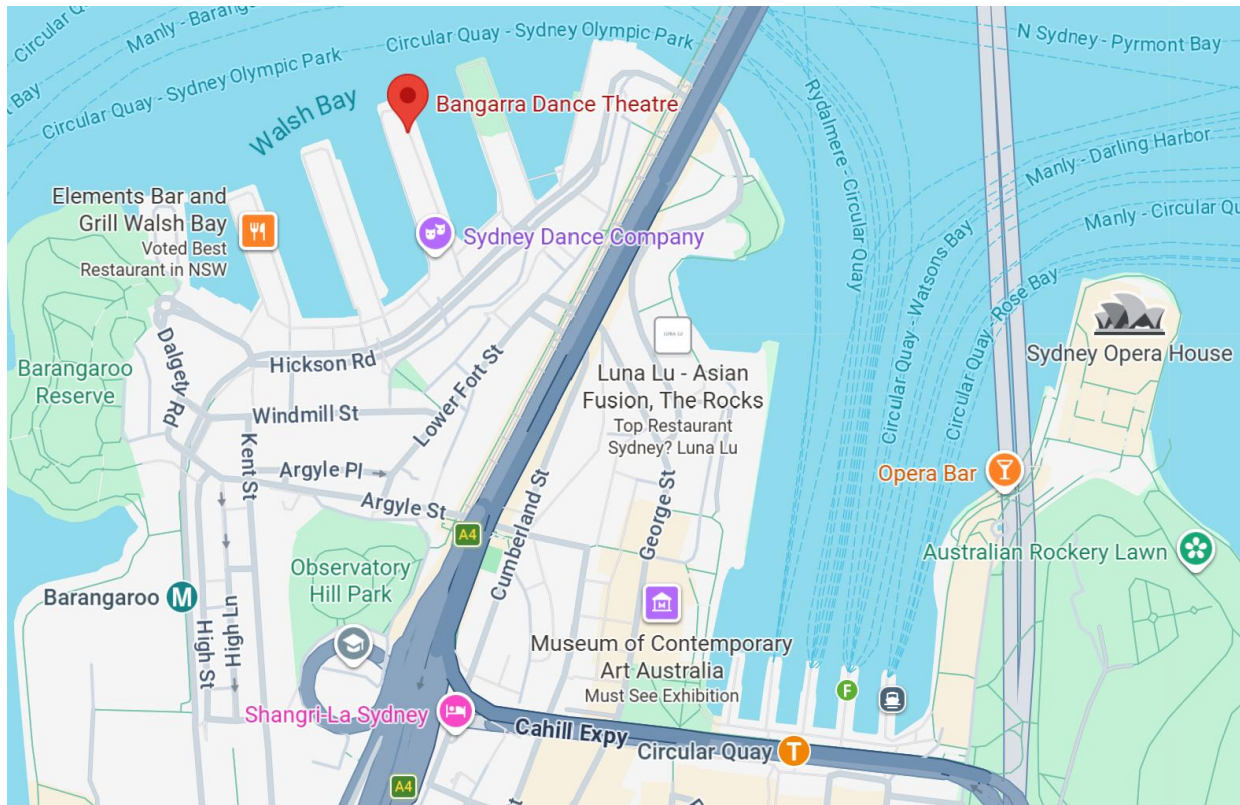


Bangarra Dance Company is a company of professional Aboriginal and Torres Strait Islander performers.

As one of Australia's leading performing arts companies, Bangarra Dance Theatre are widely acclaimed nationally and internationally for their powerful dancing, distinctive theatrical voice and utterly unique soundscapes, music and design.

I can learn more about the work that Bangarra does and upcoming 2026 Season by clicking on this link: [Bangarra – Performances.](#)

Planning Your Visit

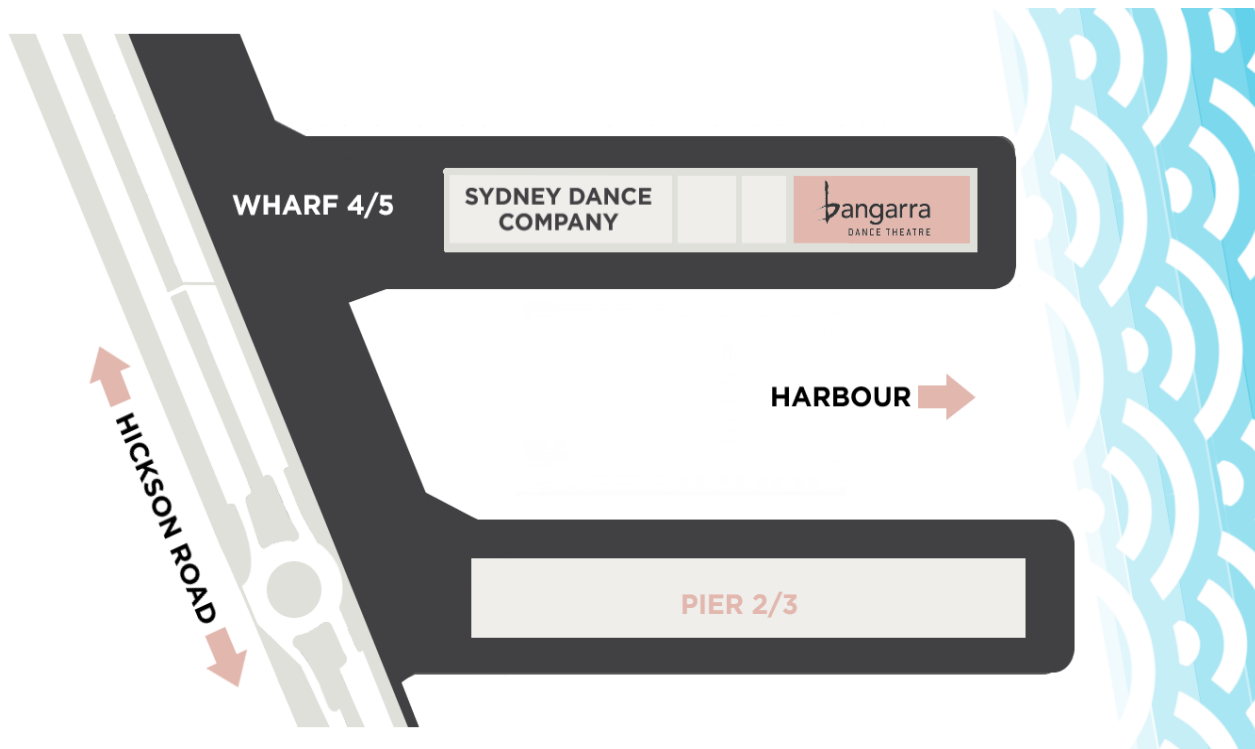


Bangarra Dance Theatre is located at:
Gadigal Country, Wharf 4/5, 15 Hickson
Road, Walsh Bay, Sydney NSW 2000

How to get to Bangarra Dance Theatre:
Wharf 4/5 is a brisk 15 minute walk from
Circular Quay or Wynyard Station. Buses 324
and 325 run from the CBD with stops right
outside the Wharf as well as 10 minute walk
from the new Barangaroo Metro station.

To help plan my visit I can click on the link
below to find out more: [Transport NSW](#)

Planning Your Visit



Getting to the venue by car

There is limited metered street parking on Hickson Road as well as three parking stations within walking distance. I can find out more via this link: [Wilson Car Park](#)

- Bond One Car Park: 20 Windmill Street, Walsh Bay (entry via 26 Hickson Road)
- Barangaroo Point Car Park: 25B Hickson Road, Walsh Bay
- Barangaroo Reserve Car Park: 5 Towns Place, Barangaroo

There is a drop off area outside Wharf 4/5 on Hickson Road. Parking is not permitted in this area, as it is for drop offs and pick-ups only.

Entrance to Bangarra Dance Theatre

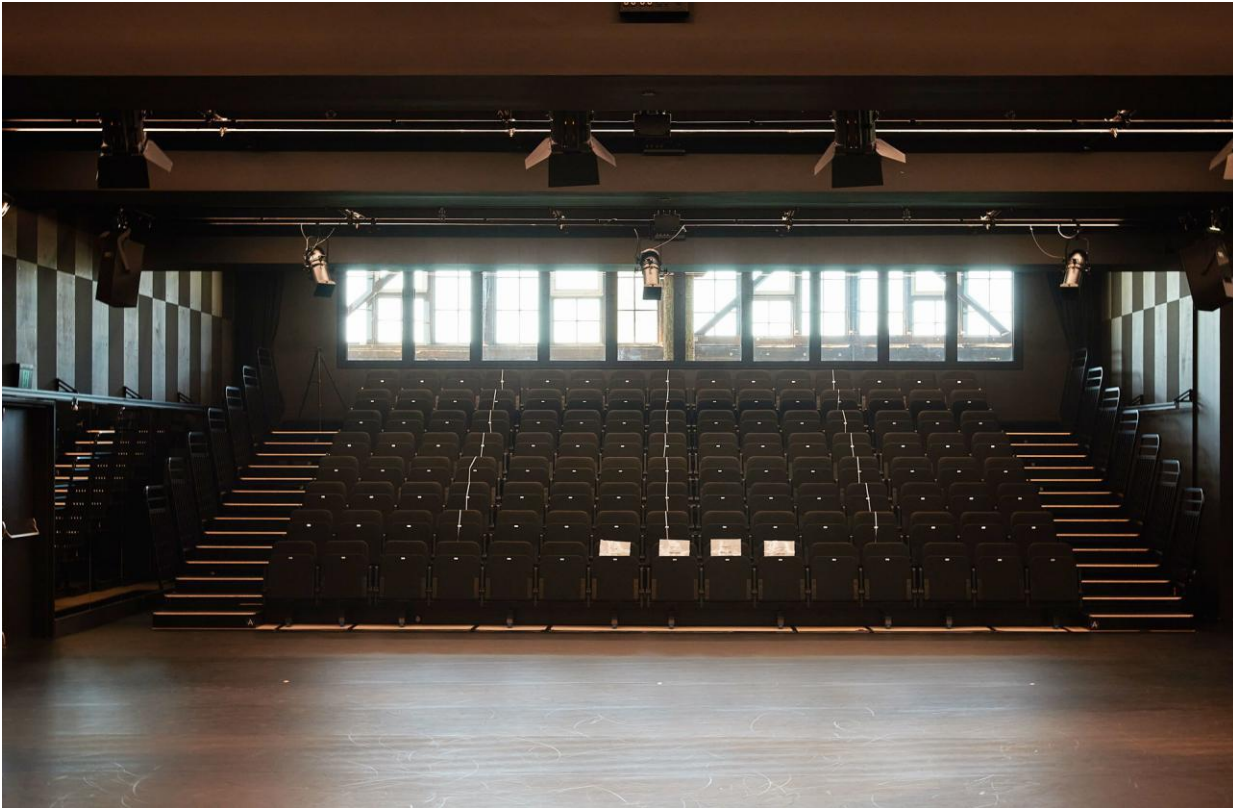


I can find the entrance to Bangarra located on the ground floor along the eastern side of Wharf 4/5 (towards the Harbour Bridge) past Sydney Theatre Company, Sydney Dance Company and Gondwana Choirs. Follow the signs for Bangarra Dance Theatre.

There is an accessible ramp outside Sydney Dance Company leading to the entrance on Wharf 4/5. Bangarra Dance Theatre entrance, theatre and facilities are all on ground level with level access.

I can view a virtual tour of Bangarra Dance Theatre by clicking on this link: [Virtual Tour](#)

Bangarra Dance Theatre - Studio 1



Access Ideas and Insights: First Nations Storytelling will be held in Studio 1.

If I'm attending in person, an Accessible Arts team member will greet me at the entrance and help me to locate the event space.

Seating is general admission. Studio 1 has a banked theatre-style seating layout. I should arrive early to secure my preferred seating. I cannot take food or drinks into the venue, but I can bring a water bottle.

During the event there will be a photographer taking photos, as well as audio and video equipment as the panel is being live streamed.

Event Start Time



The doors to the event open at 2:40pm. The event will start at 3pm with a Welcome to Country.

Because the event is streamed online, the start time is very important. I need to make sure I have my seat and am ready by 2:55pm. If I see someone I know, I can talk to them at the networking event after the panel finishes.

After the Welcome to Country, the panel will begin. The panel will last for 45 minutes, followed by a 15-minute Q&A. I can ask a question during the Q&A if I want to.

Networking & Refreshments



After the panel finishes, I can join the free networking event, where free drinks and light refreshments will be served. There will be vegetarian and gluten-free options available.

Unfortunately, Accessible Arts can't provide for special dietary needs.

At the networking event, I can go to the registration desk, and a friendly Accessible Arts team member will give me a sticker with my name on it.

The networking event will take place in the main foyer entrance, and I can stay until it finishes at 5pm.

Access at the Event



The event will be Auslan interpreted and live captioned for both the in-person and online audience.

Accessible toilets can be located on the ground level to the left of the Box Office with a change table located inside.

There is no designated indoor quiet space at this event.

If I want to ask about specific access requirements before the event, I can reach out to the Accessible Arts team by clicking here: [Contact Us](#)

The Theatre Bar at the End of the Wharf



If I want to eat before the event starts, I can visit The Theatre Bar at the End of the Wharf. Located at the end of Wharf 4/5 inside Sydney Theatre Company. This restaurant is open for lunch and dinner.

9am - 9pm Monday to Thursday

9am - 11:30pm Fridays

11:30am - 11:30pm Saturdays

I can look at the menu online before I visit to help me decide what to eat and drink: [The Theatre Bar at the End of the Wharf.](#)